

# FIT Course

Weyerhaeuser King County Aquatic Center  
650 SW Campus Drive  
Federal Way, WA 98023-8425  
[www.metrokc.gov/parks](http://www.metrokc.gov/parks)

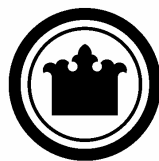
**TTY Relay: 711**

Saturday, Oct. 8<sup>th</sup>, 2005

8:00 – 2:00

Fee: \$20.00

For more information and to  
register, call the Weyerhaeuser  
King County Aquatic Center  
(206) 296 – 4444



**King County**

Department of  
Natural Resources and Parks  
**Parks and Recreation Division**



This course is a prerequisite  
for WSI

- Prerequisites: There are no prerequisites for this course.
- Materials Available from the American Red Cross,  
(206) 726 – 3531 (Seattle) (253) 474 – 8575 (Tacoma)

*-Fundamentals of Instructor Training Participant's Manual*  
(ARC 1174) \$3.50



This material is available in  
alternate format upon request.